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Vedic Guidance for Peace

(Dedicated to the Enlightenment of Man)

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Books by the Same Author :

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2) Cosmos Unveiled.
3) Auto Biography of a Free Thinker.
4) Cosmic guidance for Man
5) "Sanathana Samskrithi" Its Rationale
6) Cosmic Integration etc., etc..

The Spiritual ladder is set with in every Being as

" ANNAMAYA. PRANAMAYA, MANOMAYA, VIGNANAMAYA AND ANANDAMAYA "

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VEDIC GUIDANCE FOR PEACE

(Dedicated to the Enlightenment of Man)

S. Subramanya Iyer

Price Rs. 5/-

Author's Note :

This small book is the outcome of ov- fifty years of Contemplation and meditation in quest of Truth. It is dedicated to the "Enlightenment of Man". It is the quintessence of Human knowledge in a Concentrated form in "an Integral Vision of Life". It needs two or three readings in all earnestness during Calm hours of Life. Its contents are Revealations in Intuitive flashes by the Grace of the Divine Mother and the Author is just an instrument in the process. Some ideas are repeated to drive home the Fundamentals. I pray it will have a profound transforming effect on Mankind and Paves way for a New Humanity.

VEDIC COSMOLOGY

Purusha, Prakrithi and Paramatman is the cosmic Trinity, that constitutes 'BRAHMAN'.

Casmos is the integral unity of the Trinity in Polarity.

Purusha and Prakrithi are the parent principles set as Opposite, but complementary poles of Universal Life.

All Life, universal or individual is 'Bipolar' set in dual nature.

Purusha is cosmic soul, Masculine, finite Individual, Negative, separating Principal of 'AHAM'.

Prakrithi is cosmic energy, Feminine, Infinite, Universal, positive, uniting principle of 'LOVE'

Paramatman is the Neutral Zero, integrating Principle, the 'SAKSHI' the magnetic field the centre.

The parent principles indulge in 'COSMIC LEELA' cosmic sport cosmic play.

Out of this cosmic Romance emerges this universe in diverse manifestations in ecstatic joy

All life has emerges from Ananda, Pulsate towards Ananda· and finally merges in the ocean of Ananda·

Paramatman does not participate in the sport, but as detached witness, enjoys the play.

It's mere presence acts as COSMIC UMPIRE· and regulates the play.

Prakrithi is the cosmic energy the all pervading spirit field of potentiality - 'PARA SHAKTHI',

She is constituted of three Gunas, Satwa, Rajas and Tamas held in perfect equilibrium.

On first disturbance, she projects as the primordial vibration of 'OM' the first manifes tation in spiritual essence.

This vibration spins and expands in concentric circles from the causal to the subtle, and from subtle to gross.

The gunas separate and settle down in three different planes - spiritual, psychic and physical.

The three planes are manned by three different types of energy- Ichha Shakthi, Gnana Shakthi and Kriya Shakthi.

They are meant for three different functions of Motive, Thought and Action.

with the urge for self expression, the cosmic soul desires to become many,

Adi purusha did Adiyagna, sacrificed Himself as 'YAJNA PASHU' to become billions of Individual souls.

With this self-sacrifice, the cosmic soul initiated cosmic evolution.

These Jeevas are sparks of Divinity, that carry all the potentialities of the Supreme.

But prakrithi envolops the 'JEEVAS', with her three covering of body, mind and spirit.

Clouded in Nescience by the spell of 'MAYA', the souls forget their true nature of Divinity 'SAT-CHIT-ANAND'.

The souls identify with the coverings of Prakrithi and becomes a victim to the glamorous veils of Maya

Thus in the first phase of 'COSMIC DESCENT', Prakrithi dominates the play and imprisons the Jeevas in Her net.

But the soul's urge for true Nature of Ananda, persists in depths of conciousness, and acts as Motive force for Spiritual Evolution.

The souls separated from the Parental source, pulsates to regain the original state of 'SAT-CHIT-ANAND'.

Prakrithi is restless, dynamic ever changing with the urge to regain its original state of equilibrium,

Divinity is the one ultimate and Supreme Reality. Eternal and Immutable.

Cosmos has three States, Static, Potential and Active-swarat, samrat and virat.

They are Prajna, Tejasa and Viswa, set on Prajnana. Vignana and Gnana respectively.

The first state is Nirguna, Nirakar, Nirvikalpa. Parathpara. Para Brahman – Para Tatwa' unmanifest.

The second state is all Pervading spirit field of potentiality, 'THE AKSHARA BRAHMAN' The cosmic Blue Print,

The third state is Virat Swaroop, the cosmic Blue print, projected and unfolded on TIME-SPACE SCREEN.

The spiritual content of Cosmos remains half static and manifests half dynamic, balancing each other.

Out of this dynamic half part remains as potential and part manifests as 'VIRAT BRAHMAN', as visible universe.

since cosmic energy is universal in Nature, it is interconvertible from one form to another and from one plane to another.

The subtler the plane, the greater is the concentration of energy, power, wisdom and joy, more enduring and elevating.

The finite souls are charged with infinite potentialities and Infinite prakrithi imbibes finite tendencies.

So all life is finite-infinite with dual nature, expressing both individuality and universality.

The spirit field of potentiality '' MAHAT '' is the unified field of Transcendental concisousness''.

This unified field holds both individuality and Uni-versality in Harmonious integration.

This universe is a many dimensional continnum with subtle dimensions transcending Time and space.

Modern science is familiar only with the operations of the physical dimension.

This whole universe involves in the same order as it evolved, and settles down as subtlest ''Cosmic Seed '

It remains dormant for a period of rest, and sprouts again in the beginning of next cosmic cycle.

Thus cosmos perpetuates itself in '' ETERNAL RECURRENCE OF COSMIC CYCLES '' through ' Ultra Sonic Immortality.

Prakrithi operates in three aspects of ' Yoga Maya ', ' Maha Maya ' and ' Maya ' and deludes the souls.

Maha Maya is the effect of great illusion that elludes the ' Intellect ' by Her mercuric movements of being 'IS' and 'IS NOT', at the same time, breaking all cannons of Logic.

As subtlest form of ' Yoga Maya ' she deludes even the supreme executives of the cosmos, by her spell on Egos.

Her true Nature is beyond the grasp of all faculties in manifestation.

So wise Seers explained the Supreme Reality only in Negative terms, as Neti, Neti, Neti.

The ultimate Mystery remains ever unknown and unknowable.

THE COSMIC PROCESS :-

The cosmos is evolving and involving in series of Cosmic cycles, with many sub-cycles in each cycle.

Each cosmic cycle takes trillions of years and passes through many Yugas, Kalpas and manvantharas.

At the end of each cycle there is a period of rest:- and rest and activity alternates.

It has three phases of emergence, resurgence and submergence - Shristi, Sthithi and Laya.

All life follow the same cosmic pattern whether Sun, Planet, Man, Cell or Atom.

There is no death in the real sense either for the body or for the soul, for both are immortal cosmic constituents.

The body on death, decomposes and merges in the five primary elements – ' PANCHA MAHA BUTHAS '.

The soul escapes the body and enters a new vehicle through a new parentage, and continues its spiritual sojourn.

All life is transformation from one life to another, in modifying continulty.

The cosmic evolution is cyclic in its outward form, but spiral in its spiritual content.

There is qualitative elevation from one cycle to another, and this spiritual elevation is the meaning of all life.

The end exists potentially in the cause itself, for there is 'Cause - effect' chain permeating the gap with its inexorable course of cosmic causation.

THE COSMIC BLUE PRINT :-

What all happens from the beginning of creation, upto dissolution, is already set and cast in a "COSMIC BLUE PRINT".

This Blue print is known as "AKSHARA BRAHMAN" and is clothed in "SHABDA BRAHMAN" - 'V E D A S'.

The Bijakshari Maha Manthras which constitutes Vedas, are not destroyed even at the end of cosmic cycle.

They remain as subtlest Akasic records, in ultra sonic vibrations and remain potential in the cosmic seed.

The cosmic blue print unfolds on "TIME-SPACE" screen, in the same way as our own

Cenematographic play is released on "CINE SCREEN".

The Pancha Maha Buthas, acting as Cosmic Brick and mortor, concretices this "COSMIC BLUE PRINT" in to the Virat Swaroop.

As the whole tree exists potentially in the seed itself, the whole universe exists potentially in the cosmic blue print.

A poorna Yogi as 'THRIKALA GNANI', can read this Blue Print through his spiritual vision.

He can travel forwards and backwards in chronological time machine, and read past, present and future.

This mystic revealations come to those who are in tune with 'SUBTLE AKASIC RECORDS'.

The Macrocosm and Microcosm are constituted on the same cosmic pattern, Laws and Principles.

Man is a miniature cosmos, the Brahmanda and Pindanda, the Mahat and Anu are set on the same Cosmic Pattern.

VEDAS :-

Vedas manifests along with Creation as an Integral part of 'Akshara Brahman'.

They are sacred reposotories of transcendental knowledge and esoteric wisdom, set in sublime sonorons diction.

They are Revealed to Man from Mystic source unknown, as cosmic guidance for Man.

Hence 'Vedas' are known as 'Anadi' and 'Apourasheya', meaning Eternal and Impersonal.

It is clothed in sanskrit, language the sacred cosmic language, the Motherof all languages.

The sanskrit language is crisp and flexible, sublime and profound.

Each sanskrit word carries many meanings and one should have 'AMARA KOSHA', in his finger tips.

In order to interpret Vedas properly and bring out the Rationale of vedic hyms, one should be proficient in all the intricacies of the sanskrit language.

The Vedic scholar should be well versed in the Shadangas of the Vedas Siksha Vyakarana, Chandas, Niruktha, Kalpa and Jothisha.

One should be proficient both in Sanskrit and Modern sciences to cull out the Rationale of vedic hyms.

COSMIC LAWS AND SUBTLE SCIENCES :-

The cosmos is governed by four fundamental principles of 'RITA', 'DHARMA', 'KARMA' and 'YAGNA'.

Rita is the first spiritual principle of Beauty, 'ANANDA', and all life is set in 'COSMIC RHYTHMS'.

Days and Nights, Months and seasons, constellations and galaxies all follow rhythmic cycle changes.

All Gods pay their first homage to 'RITA' in creation, whose mystic source remains unknown.

Rita applied to evolutionary social aspect is the Moral Law of Dharma, 'THE COSMIC LEGISLATOR'.

Dharma upholds and sustains this Universe and maintains, Order, Balance Rhythm and Harmony.

Gods and Men, Heavens and earth are all bound by the Moral Law of Dharma and the causal Law of Karma.

Gods are only the Guardians, executives, Trustees and Instruments of Dharma.

What is Truth, Just and Natural, Good and Right all blend in one is Dharma.

What contributes for Universal order, Balance, Rhythm and Harmony is Dharma.

Dharma is the eternal and impersonal cosmic Law of Righteousness and hence is known as 'SANATHANA DHARMA'.

DHARMO RAKSHITHI RAKSHITHAHA – Dharma protects those that preserves 'IT'.

Dharma is the dynamic discreation of the given problem in the given context and conditions and hence it involves 'DHARMA SUKSHMA AND NYAYA SUKSHMA'.

Dharma is true for all times and for all climes, Only its outward forms need necessary adoption to suit the changing conditions and contexts.

Dharmic sense is inherent in 'MAN' as the inner voice of conscience, but often the noise of ego eclipses the silent voice of the Heart.

The Moral Law of Dharma is implemented by the causal law of Karma as the "COSMIC EXECUTOR".

Every cause has its effect, every action has its reaction, every challenge has its response and Man reaps what he sows, sooner or later.

Every moral violation has its equal retribution, for action and reaction are equal and opposite.

The law of causation is the scientific foundation of the universe.

None can escape its inexorable impact and cheat its cosmic mathematics.

Its cause-effect sequence transcends "Time - Space" limitations and does not follow the chain in straight line.

Hundreds of causes in association produces a cumulative effect and gives a propitious fruit at an appropriate time, some time, some where.

The effect is not immediate and obvious as in the physical plane.

The law of Karma embraces and envelopes one's motive, thought and action.

Every wrong motive sows a psychic seed, in the subconscious, as psychic imprints, grows, matures and gives effect at a proper time.

It renders cosmic justice at all levels of existance, with its inexorable course of cosmic causation.

Act in true with Dharma, the Karma binds not.

Act for cosmic cause in the spirit of Yagna, the Karma binds not.

Do duty for duty's sake, without desiring the fruits thereof, the Karma binds not.

When any action is done dedicated to the supreme in the spirit of surrender, the Karma binds not.

In all motivations, where 'EGO' is absent, the Karma binds not.

If the motive is bad, even though it is not projected to action, it binds the soul.

If the motive is pure and even though the action is wrong it does not affect the soul.

The motive is important in judging the effect of Karma.

"PRARABDA" is our past karma, already matured and awaiting effect, no one can help it.

SANCHITA is our recent karma, and not yet matured, it can be erased by sincere confession, repentence and Prayer.

"AGAMI" is yet to come, and we can avoid it's effect by wise action in tune with Dharma.

"YAGNA" is the spirit of self - sacrifice, "THYAGA" for an impersonal cause that promotes cosmic evolution.

"ADI PURUSHA" Himself did 'Adi Yagna' and offered Himself as the Yagna - Pashu, to become billions of Jeevas.

Every sacrifice here in the lower plane gets its reward hundred times in the higher plane.

Through Yagnas and Yagas, we propitiate the celestial dieties in charge of various natural forces.

We offer our sincere thanks and gratitude to these cosmic banefactors for various benefits conferred on us.

We have to express our thanks and gratitude with oblations to these celestial deities, in charge of Natural forces, with different portfolios in cosmic administration.

With this they get pleased and confer more and more benefits to us, through balanced Regulation of Natural forces.

We can invoke their causal presence, through cosmic communication of respective Manthras.

Manthras constitute their causal body and

hence, we can invoke their direct presence to accept our offerings.

By this we can avoid extremes of draughts and floods, earth quakes and sea erosions, storms hurricanes, pests and pestillences.

It is ordained in our scriptures that we should periodically perform these yagnas and yagas for collective welfare with mutual co-operation.

Gods and men are set mutually interdependent, for one another's progress in cosmic evolution.

"PANCHA MAHA YAGNA" is an essential part of our Nitya Karma to be performed during Sandya.

It is a simple ritual of offering our greatful thanks to our benefactors of Life, like "PITHRUS" "RISHIS" "ASTA DIKPALAKAS" "NAVAGRAHAS" and "PANCHA MAHA BUTHAS" just spoon full of water as "THARPANA" in sincere heart felt "BHAVA".

These Rituals confers great "SHREYAS" to our life and their blessings are great spiritual strength to us, what tons of human effort cannot replace.

The Constitution Of The Self

" MAN IS A MINIATURE COSMOS "

Individual Soul, particularised prakrithi, and Atman is the Trinity, that constitutes the " SELF "

Atman is not an entity. It is only a state of Being, the state of " Sat-chit-Anand ".

Man is potentially Divine and carries the Divine heritage with him.

He has all the powers, faculties and potentialities for the supreme, state of life.

The Maha vakyas of the Vedas proclaim the same, through direct experience of the Rishis.

Man is a microcosm in the macrocosm of the universal life.

The Macrocosm and Microcosm, the Brahmanda and Pindanda, the Mahat and Anu are set on the same cosmic pattern.

Know thyself, Self-knowledge is the beginning of the wisdom, knowing which, everything else is known.

Man is set in dual nature, tossed by the pull of the " EGO " and call of the Divine.

Get over the fictituous " EGO " and realise the true Self within, the state of " Sat-chit-Anand ".

Man is a bridge between the animal and the Divine, he has to cross the bridge and evolve in to a " SUPER MAN ".

The " Super-Man " is the Destined goal of Human evolution.

Man has to transcend dualities " Dwandwas ", " Trigunans " and " Time-Space " limitations.

Man has to be a detached witness to the cosmic play, identifying with the Supreme.

Man has to enjoy the Blissfull state within, set in the Eternal present.

The source for this Blissfull state is with in and one can evoke it through necessary disciplines of Yoga.

The scriptures abound with various techniques of Japa, Tapa and Yoga, to tap our higher potentialities.

Man has body, mind and soul set in three planes, physical, psychic and spiritual,

Man has five senses "PANCHEDRIYAS" of Hearing, Feeling, seeing, Tasting and Smelling, projected from the respective faculty centres within "PANCHA TANMATHRAS"

Apart from these five Panchendriyas, we have five Karmendriyas. – Hands, legs, excretary organs, sex organs, etc.,

The whole universe is created out of PANCHA MAHA BUTAS–prithvi, App, Tejas, Vayu, and Akasa.

The physical universe, constitutes these five primary elements, in ditferent permutations and combinations.

The pancha Tanmatras projecting through panchendriyas, are acting as windows for the inward seer, negotiates with pancha Butas in the external world.

The senses are meant for detailed analytical study of the particulars in the objective world.

The intellect correlates the Sensory data and forms synthetic inferences out of sense impressions.

The Buddhi discriminates and selects what is 'good' after comparative study with Past impressions.

The intellect based on one's sensory data is Relative, limited and angular by its very nature.

It is pre-conditioned with its own pet favours and prejudices, likes and dislikes.

The limited intellect cannot perceive the Truth of a complex social problem, which has many angles, many aspects and many bearings.

The integral mean of all these, constitutes the Truth of a social problem.

The Ego projects and super imposes on the intellect and uses it to justify its own stand.

The Intellect acting as the instrument of the Ego Rationalises and justifies its actions, in the name of high theories and principles.

The Intellect acts as the prostitute of the Ego, that bends to any angle, the Ego pleases, to justify its actions.

" CHITTA " is our memory centre, that carries our entire past history, as our Vasanas and Samskaras, in subtle psychic imprints.

These psychic imprints are our " CHITRA GUPTAS ", that bear eternal witness to all our motivations.

Man has extra sensory, perceptions dormant but potential at the psychic centre- Clairvoyance, Telepathy etc.

Man has supra sensory perceptions embedded deep within, in the spiritual centre.

Man has " Third eye " and the " sixth sense ", dormant, but potential in his own Being.

He can tap these higher powers and

faculties through various techniques of Yoga. Japa and Tapa.

Man can acquire " Asta Siddhis ", following the 8 steps laid down in " Patanjalis " Astanga Yoga.

Man established in the spiritual plane, can manipulate the energy of the lower planes, exercising his " SANKALPA SIDDHI "

He can materialise and dematerialise objects according to his will.

Man through Yantra, Tanthra and Man thra, can have control of the discarnate spirits, and use them to his great advantage.

Man can do good or harm to others by these occult powers, but if he abuses the powers, it boomerangs on him.

Man has three states of consciousness, Jagrat, Swapna and Sushipthi, and also the fourth state known as Turiya.

They are waking conscious, sub-conscious and unconcious, respectively and also the fourth state-cosmic consciousness.

''THE DAKSHINA MURTHY PRINCIPLE'' the highest Guru Principle, is with in, which answers all his earnest quiries in 'flashes of Intuition, in silent impersonal moods.

The spiritual ladder is set within PANCHA KOSHAS-Annamaya, Pranamaya, Manomaya, Vignana maya and Ananda maya-the physical vital, mental, moral, easthetic and spiritual.

Man has to fulfil his different life urges with due sense of proposition and evolve an INTEGRATED PERSONALITY.

He has physical needs, vital urges, mental Longings, moral promptings, aesthetic charms and spiritual aspirations.

But the proportion differs from man to man according to his samskaras-'SWABHAVAS'.

He has to respond to these urges in life, with due sense of proportion, always having spiritual goal in view.

Self-realisation is the goal of life; though the goal is ' One ', the paths are many, suited to different tendencies and temperments 'SWABHAVAS'.

There are four main paths, Bakthi, Karma, Gnana and Yoga, and there are many sub-paths in each path.

Man is a great marvel in creation, and by studying " MAN " in detail, we can know all about the nature of whole creation, for, " MAN IS A REPLICA OF COSMOS ".

The Rationality in Man can perceive the corresponding Rationality in the universe, "THE RATIONAL BEAUTY " through contemplation and meditation, in persuit of " TRUTH " for Truth sake.

He gets intuitive flashes for all his earnest enquiries, in silent impersonal moods, when his quest is earnest and intense.

The cosmic energy is universal and hence all forms and types of energy is interconvertible from one form to another, and from one plane to another, in to ' one ' unified field of Trancendental cosmic energy at the base of all manifestations, as spirit field of potentiality - ' MAHAT '.

Man can draw energy directly from the original sources, the five primary elements,

and carry on his life without depending on the external parasitic sources, plants or animals, for his food.

Man's individuality, the cosmic principle of 'AHAM' can never be annihilated as long as there is manifestation.

It persists to the very end in more and more subtler forms.

IT IS FIRST TO COME AND LAST TO GO :

It can either be sublimated emotionally, through devotional love or elevated conciously to universal outlook, through rational approach.

'Aham' .has its overt and covert forms, what is individuality with self honour and dignity on one hand, is 'CREATIVE SPIRIT, on the other, the driving force for all daring creative activities and great achievements of life.

In its universal outlook, it is magnanimous and self sacrificing for Cosmic causes, and can never be mean, narrow, and selfish.

All great achievements in life are the outcome of the dynamic urge of the Creative spirit of Man, with the intensity of quest and effort

'TIME' is only a relative factor, and life is a flexible raw material in the hands of the creative spirit.

'SELF' in the lower rung of the ladder is 'I', identifying with the body and its physical and vital urges.

'SELF in the next rung of the ladder is 'SUBTLE EGO', identifying with the mind and its Rajasic and Egotistic urges.

'SELF' in the deeper rung of the ladder is 'CREATIVE SPIRIT', in the spiritual plane identifying with the soul and its higher, aspirations of life.

The different forms of spiritual energy, constituting "SPIRITUAL AURA" "OJAS" "TEJAS", "VARCHAS", "BRAHMA VARCHAS" and "MEDAS" can be tapped through Gayathri Manthra, during Blessed cosmic moments of "BRAHMI MUHURTHA".

Through " KUNDALINI YOGA " Man can tap the reserve potential of spiritual energy within, dormant like a coiled serpent in ' MOOLADHARA CHAKRA '.

It can be awakened and made to go above, penetrating other CHAKRAS, in the spinal chord, psychic centres and reach finally SAHASHRARA CHAKRA, just below " BRAHMA RANDHRA ".

SAHASHRARA CHAKRA, thousand petalled Lotus, is like thousand valves of a " COSMIC RADIO " where, only a few valves are functioning in a Normal man.

Through Kundalini yoga, the Sahashrara chakra can be fully evoked, and all its valves made to function and thus tap all powers, faculties and potentialities dormant within.

A poorna yogi can evoke his spiritual vision 'DIVYA DHRUSTI', and thourgh this 'supra sensory perception', man can have the direct perception of the 'WHOLE COSMIC, MANIFESTATION IN ITS INTEGRAL COMPREHENSION'-VISHWARUPA DARSANA'.

Man tnrough 'Science', studies Analytically the particulars and correlates with the universal, in a MICROSCOPIC APPROACH.

Man through 'RELIGION' and Yoga studies the whole, through synthetic vision, in 'TELESCOPIC APPROACH'

So science and Religion are not conflicting, rather they are complementary and finally integrate to establish same Truth from different roles of life and they are the two faces of the same coin.

'SATYAM', SHIVAM AND SUNDARAM' are the True values of life.

LOVE THY NEIGHBOUR AS THYSELF, AND DO UNTO OTHERS WHAT YOU WOULD DO FOR THEE.

Man in the state of love is spontaneously good and is in best of cultures, what no ammount of artificial disciplines could achieve.

When love manifests, Ego dissolves, and love conquers where knowledge and power fail.

Mother is the nucleus of the Home, and conquers the Masculine powers round her, of Ego knowledge, Strength and Position, by her satvic power of love, with patience, tolerance and endurance.

philosophers searching for whole life, come back to declare, that " LOVE " is the liberating factor of life, which is everyone's experience in enlightened moments of life.

Marriage is an inviolable sacred bond, where it starts with Sex and ends in Love.

The beloved is the magnet of Love, the queen of home, with the glow of her eyes in loving smile.

Scriptures pay first homage to "MOTHER HOOD " in life, and declares that a woman's body is more sacred than the Sacrificial Fire.

Children are the glory of Home, the future of evolution, the Divinity in sport, the binding factor between the Husband and Wife, and the fulfilment of their lives mission to rear noble and heroic children, as their best contribution to society.

"BEAUTY" enriches, ennobles and erlightens life, through its sub conscious effect, and elevates man spontaneously, by its unconscious influence.

" MUSIC " is the food for Soul, and "NADA BHRAHMOPASANA ' is itself a way of ' SELF-REALISATION '.

Intuitive art is a Divine gift, that has to be encouraged in every way for the enjoyment of all in society,

'MUSICAL MELODIES MELLOWS MAN'

Man should develop his aesthetic tastes as refinements of life, and enjoy more enduring and elevating joys in nature's non-competitive realms of Beauty, which is always open to Man with a Standing invitation by Mother Nature.

" BODY IS THE TEMPLE OF THE SOUL " and so, hold it clean and pure, inward and outward.

Simple satvic food goes a long way in maintaining the health of the personality in body, mind and spirit.

Diet is an important factor in preserving the Health of Man, with the Longevity of life.

'PREVENTION IS BETTER THAN CURE' we have to develop immunity to diseases, and maintain balanced equanimity of its chemical Forces, by following

"DEERGAYUSHYA SUTHRAS"

The four PURUSHARTHAS OF LIFE ARE-ARTHA, KAMA, DHARMA AND MOKSHA.

Artha and Kama, should be in tune with Dharma, always spiritual goal in view, and thus control material earnings and vital pleasures, through right Dharmic sense.

'THE FOUR STAGES OF LIFE' are Brahma charya, Grihastha, Vana Prastha and Sanyasa for steady growth of spirituality in harmonious stages of life.

VARNASHRAMA DHARMA, Profession in tune with one's "Swabhva and Swadharma", where success in life is assured, when work is in tune with one's nature.

THE CELESTIAL EMPIRE AND THE COSMIC ADMINISTRATION

The first manifestation from Nirguna, Nirakara, Nirvikalpa Paratpara Para Brahman is "PARA BRAHMA SWARUPINI", the Mother principle of the universe.

She is both manifest and unmanifest blend in one. She is generally unmanifest, but manifests only at the time of great crisis,

She is known as " RAJA RAJESWARI ", "SRI LALITHA PARAMESHWARI" "ADI MAHA LAKSHMI", ETC.

She is the Empress of this Celestial Empire that Rules Akilanda Koti Brahmandas.

She conducts cosmic parliament once a cosmic year; (100 Maha Yugas make 1 Cosmic Year)

The supreme cosmic executives from all the Akilanda Koti Brahmandas attend it with their respective consorts.

They take instructions for cosmic adminis tration from this " VIRGIN MOTHER IN ETERNAL YOUTH ".

She is aided by Manthrini, Dandini and other Maha Yoginis and Shakthi Ganas.

She presides over this cosmic hyrarchy and administers the Celestial Empire.

On this cosmic model is Set our Human administration as constitutional Monarchy and explained in RAJA TANTRA SHASTRAS.

There are about 50 Dharma Shastras written by different Maharshis for cosmic guidence of Man and his Social affairs.

They cover all aspects of human life, and elaborate instructions are given in tune with Cosmic laws.

Our Puranas were Revealed to Vyasa, Maharshi in his Yogic Prajna and he invoked the grace of lord-Ganapathy to Record them.

They are all culled out from cosmic memory of the universal mind, all that happned before

The past is preserved in the cosmic memory in the same way as our own past impressions are treasured in the human memory in Subtle psychic imprints.

The Revealations come to those who are in tune with these subtle Akasic records

The supreme Divine mother "Sri Lalitha Parameswari",- "Adi Maha Lakshmi", is the Root of all Cosmic principles, and Mother of all personal Deities.

Thus the two poles are blend in one, the unmanifest and the manifest. Nirakar and the Sakar.

The two opposite poles of life giving raise to different pairs of opposites, are not conflicting, rather, they are Complementary.

The two pairs, Masculine and Feminine, Science and Religion, Rational, Emotional, Ego & Love, Head and Heart, Analytical and Synthetic, Reason & Faith have same roots in life, as two sides of the same coin.

We have to perceive their complementary Role in the cosmic scheme of life and avoid conflicting tendencies.

SRI ADI MAHALHKSHMI creates a cosmic Hyrarchy of Deities parallel to the cosmic Laws and Natural forces to administer the cosmos.

Out of Three Gunas, She creates three pairs of opposits as twins.

ADI MAHALAKSHMI

SATWA	RAJAS	TAMAS
Mahakali	Mahalakshmi	Mahasaraswathi
Vishnu- Parvathi	Brahma- Lakshmi	Eswara- Saraswathi

She creates three Twins out of her three Gunas, and cross marriages take place.

Brahma and Saraswathi are put in charge of Creation, Vishnu & Lakshmi for protection Eshwara & Parwathi for dissolution.

Brahma (Rajasic) & Saraswathi (Gnana Shakthi) are aided by 4 Vedas & Saptha Maharshis for the purpose of Creation.

Vishnu (Satwa) & Lakshmi (Kriya Shakthi) are aided by Astadikpalakas, for the purpose of protection.

Eshwara (Tamas) & Parvathi (Ichhashakthi) are aided by Navagrahas, that decide the fate of all lives.

ADI MAHALAKSHMI

(Rajas):- Brahma (Gnana Shakthi):- Saraswathi	(Satwa):- Vishnu (Kriya Shakthi):- Lakshmi	(Tamas):- Eswara (Ichha Shakthi):- Parvathi

4 Vedas and Saptha Maharshis, Astha Dikpalakas, Navagrahas.

The Cosmic principles and natural forces on one hand, and corresponding celestial deities on the other, run on parallel lines, to run the cosmic administration.

In the same life, operate Head & Heart, which further give raise to opposite poles of science and religion, Reason and Faith, Ego and love, and so on.

So there is no conflict between the opposite poles of life and they are set as complementary poles in the same way as Father and Mother principles in the family life.

" COSMO SOCIAL DYNAMICS " is an important plan, design, and device in Nature, for Cosmic evolutionary progress as complementary poles of life.

This understanding is the key to resolve all our Social Conflicts in life and is the " CRUX " in grasping the basic principles of VEDIC SOCIOLOGY.

Vedic Sociology

COSMO SOCIAL DYNAMICS

We repeat the Statements as Fundamental Cosmic Principles to recapture it, while applying it for Social life.

"COSMO SOCIAL DYNAMICS" is a vital Subject in Social Sciences, a proper understanding of which, helps to resolve our Social Conflicts, and paves way for a "SANE SOCIAL ORDER".

We have to diagonise the root Causes for our Social Conflicts and discern the Cosmic Principles behind "Social Dynomics" and the "device and design set for Human Evolution"

The Cosmic Laws are ever Benevolent, operates both directly and indirectly, and fulfils Cosmic Justice Compensating one's defects and merits, with advantages and disadvantages

Many a failure is a Blessing in disguise, and sweet are the uses of adversities, and nothing is in Vain in the economy of the

Cosmic Purpose, and everything is perfect as it is.

There is Order, Balance, Rhythm and Harmony in the universe as a whole, though it looks 'Chaos' for the relative, superficial look, it is "Cosmas" for an Integral Comprehensive Vision.

The Law of Causation is the Scientific foundation of the universe, there is "Cause-effect" relation in all manifestations, and Science behind every Phenomenon, Physical, Psychic or Spiritual.

The Mysteries and Miracles are the attributes of man's relative ignorance of the higher Laws and Subtler Sciences, but Mysteries remain to remind the Divine.

Because of this inherent Order, thera is meaning in our Search for Truth, and the Rationality in man, can perceive the Corresponding Rational Beauty of the universe, in all its Rhythm and Harmony.

Every Individual is an Integral part of "One Cosmic Common wealth Corporaration", inter woven, from the highest to the humblest.

Man is a Microcosm in the Macrocosm of the universal life. and stands in the same relation as a cell in his own body, with an autonomous freedom and an unique Individuality.

As cell guided by instinctive Nature. is perfectly attuned to the Central will. Intelligence and purpose of Man. "Man Should be in tune with the Cosmic Life, Law and purpose"

Atom, Cell. Man planet, Solar System and universe are all Constituted on the same Cosmic Pattern, with same Laws and Principles and by studying any one in detail, all others are also known.

We have to understand the basic Constitution of Man and Universe, and Man stands as a "Mean" between the Atom and the Universe, a Miniature Cosmos', and by knowing himself, Knows all else.

The Cosmic soul, the Cosmic Energy and the Supreme Divinity, Constitues the ''Cosmic Trinity'', and ''Cosmos is an Integral Unity of Trinity in Polarity'', and all life is 'Bipolar', Set in 'Dual Nature'.

The Cosmic Soul and cosmic Energy are only the two aspects of Divinity, Finite and infinite, set for 'COSMIC SPORT', as opposite poles, on the same axis of life.

This Universe is the result of the "COSMIC SPORT" between Cosmic and Soul Cosmic Energy, a 'Cosmic Romance', and this is the origion" of the 'Dialectics of Dualities, the"play of the opposites "LEELA"

The supreme does not participate in the sport, but as a"detached witness", enjoys the play on the merits of the game, and its mere presence acts as"Cosmic Umpire", and Regulates the play.

Purusha Aham The Cosmic soul is Masculine, Finite, Negative Individual, 'I', 'Ego', "Self' the creative spirit,'the self conciousness', the Seperating principle', that perasists in Individuality, and it is Rational, Analytical, Scientific the enquiring head and the discriminating Intellect, that upholds Order, Balance, Discipline and Justice, the Father principle of the universe,"DHARMA"

Prakrithi Mahat The cosmic energy is Feminine, infinite positive, universal, 'Body', 'Mind' 'Spirit', the all pervading spirit field of potenti-

ality, the uniting principle' that strives for Universality, and it is Emotional, Intuitive, Religious, the Feeling Heart and Believing Faith, that upholds Love, sympathy, Rhythm and Harmony, the Mother principle of Universe —"PREMA"

Paramatman Sakshi

The Supreme Divinity is the 'Neutral Zero'' Principal, the witness, the intergrating, Harmonising, Balancing, and Unifying Principle, between the opposite poles at the Centre, on same axis of life, the Source and Support of both, the 'Spiritual Magnet,' that draws the two unlike poles to support, and maintains the Integral unity of both Individuality and Universality-"SATYA"

These three Cosmic Principles pervade all life and indulge in the "Dialectics of the opposites", and with Corresponding Secondary Principles, give Social Expression, as "Ideological pairs of opposites".

The two fundamental poles of life are mutually interdependent, one is 'Self Conciousness', and 'Self awareness', and the other is 'Strentgh and Energy', and one depends on the other.

The Cosmic Soul without Cosmic Energy is 'Lame', and the Cosmic Energy without the 'Knower' and the 'Seer' is 'blind' and they have to Co-operate, Co-exist and flourish together.

The 'Blind' with its Strength has to take the 'Lame', on its Shoulders and take guidance from it, and together move forward, and they are inextricabally interwoven in all life "ARDHA - NAREESWARA".

Every Individual is a complex of both poles of life, but one pole dominates one's nature. and there are many Masculine women, and many Feminine men, based on 'inward psychological Sex.'

If a person is verile, Egotistic and enquiring, given to risk and adventure: note then he is Masculine, and if a person is weak, mild, and modest, wedded to Faith, Peace and Security, note then he is Feminine.

Let us ennumerate the Fundamental pairs of opposites, and also their Corresponding Social expressions, as Ideological pairs of opposites :

THE FUNDAMENTAL PAIRS

Purusha	Paramatman	Prakrithi
Cosmic Soul	**Supreme Divinity**	**Cosmic Energy**
Masculine	Neuter	Feminine
Finiet		Infinite
Negative	Neutral Zero	Pasitive
Individual	Witness	Universal
Ego-creative spirit		Love
Separating		Uniting
Rational	Integrating	Emotional
Science		Religion.
Intellect		Intuition
Head	Harmonising	Heart
Enquiring		Believing
Doubt	Balancing	Faith
Analytical		Synthetic
Microcosm	Unifying	Macrocosm
Microscopic		Telescopic
Quality		Quantity
The Father Principle of the Universe "DHARMA"	*The Child Principle of the Universe* " SATYA "	*The Mother Principle of the Universe* " PREMA "

We have to understand the constitution of the man., and discern the plan and pattern of the Cosmic process, and Nature's design Set for Human Evolvtion.

The individual Soul, Particularised Nature, and Divinity, Constitutes the 'Trinity in Man', and Man, Cast in dual nature, is tossed between the pull of the Ego, and Call of the Divine.

In man, the Masculine Principle is Individual Soul, Self Conciousness, and the Feminine Principle is Body, Mind and Spirit, Poviding base for the Soul, for full self-expression.

'THE CONCIOUSNESS,' in the gross Physical plane, is "I" identifying with the 'body' and its Physical and Vital urges, with senses as instruments of Perceptions, It is "Ego", in the Subtle Psychic Plane, indentifying with the 'mind', and Its Psychological and Egotistic gratifications, Intellect as the instrument of Conceptions, and it is "Creative Spirit", in the spiritual plane, identify ing with the 'Soul', and its moral and Spiritual aspirations, Intuition as the Source of Inspiration and Revealation.

'THE ENERGY' manifests in three planes, gross, Subtle and Causal, as Body, Mind and spirit, with three different types, of

Energy, physical psychic, and Spiritual for three different functions of Motive, Thought and Action and Subtler the Plane, the greater is the Concentration of Energy and greater is its power, wisdom and Joy, and as Cosmic Energy is universal in nature, it is interconvertible from one form to another, and from one plane to another, and 'It is quite flexible in the hands of the Creative Spirit.

'THE DIVINITY' is the "Neutral zero principle" between the two poles, at the centre. It is not an Entity, but a state of Being. It is potential in Everyman, as Blissfull State of Sat-chit Anand, the Source of all power, wisdom, and Bliss, It has no particular location, but Can only be experienced, and It transcends the play of dualities, the operations of the three planes and its qualities, It is beyond Time Consciousness, and is free from all motivations and desires. "The Bliss Itself".

Man is potentially Divine, and has all the potentialities for the 'Supreme state of life', the Source of all power, wisdom and Bliss, that can be evoked through necessary yogic disciplines.

It is Everyman's heritage and any one can grip this Supreme state, and Life urge is pulsating tawards this end in unconscious depths and acts as 'Motive force for Spiritual Evolution'.

'It is necessary to understand the Evolutionary position of Man, his rich heritage, and the great Destiny that awaits him, and this Evolutionary understanding ennobles and elevates man.

With the advent of Rational and discriminating faculty in Man, Man is released from Nature's instinctive direction and has free choice of action, with which he can make or move himself.

Man has to Cut his own path, Chistle his own life and Carve his own future, the archetect of his own Destiny, for, though the effect is inexorable, the Cause is in his own hands.

Man is morally responsible for all his actions, and the Law of Causation binds him, for the Moral Sense is inherent in him as 'Voice of Conscience', and the Source of Truth is with in, as Intuition.

Every Egotistic motivation Sows a psychic Seed in the 'psyche', as psychic imprints, and awaits for an appropriate fruit sooner or later, for, hundreds of Causes in association produces a Cumilative effect.

Every Cause has its effect, every action has its reaction, equal and opposite, every challenge has its Response, every moral violation has its equal retribution, and Man reaps what he Sows.

The Law of Causation envelopes even motivation, and operates wiih inexorable precision, and fullfils Cosmic Justice, and none Can escape its Sure impact, and cheat its Cosmic mathematics.

Since Law of Causation is the firm Scientific foundation of the universe, it is elementory Reason, that Man should be in tune with the Moral Law, or Suffer Consequences for the Violation.

The Moral Law is the "Cosmic Legislator", and the Causal Law is the 'Cosmic Executor', and Morality founded on Super Sciences, forms the Common Core of all Religions.

It is not a dictum of prophets and Religions, but the Verdict of 'Subtle Sciences', adopted by Religions, and It is foolish to ignore Morality as Religious dogma.

Knowing well the Nature of the physical Laws we dont thrust our hands in to fire and burn, Similarly, we have to know the higher Laws of the psyche and Spirit, and be in tune with it.

Violate the Moral Law, the Causal Law holds thee by thy neck, and extracts equal retribution, Sooner or later, some time, some where, and the nature of its exact operation is very Subtle and Complex to grasp.

The Law of Causation in the Moral plane, transcends "Time - Space" limitations of the pysical plane, and does not follow "Cause - effect" Sequence in a Stright line, and the effect is not immediate and obvious.

All our Motives, Thoghts and Actions are automatically imprinted in the "psyche" in the "split-Second", in the "Book of Life", as our debits and credits, which renews itself, life after life, tagging on to the Soul.

- "Chithra-Gupthas"

At the end of each life, the "Cosmic Computer" examines the "Book of Life", and determines the nature of heridity and envirnment, the suitable parentage for the Evolution of the Soul, in its spiritual piligrimage.

Though the effect of 'Moral Causation' is inexorable there is a way of Redemption for the wrongs done, through earnest Confession, Repentence and prayer, that give vent to dark impressions in the 'psyche'.

Death is only an 'Interval' between this Life and the next, and the cycle of births and deaths goes on life after life, till all Causal load is exhausted, and fresh Egotistic motivation Ceases.

There is no death in the real sense, either for the Soul or for the body, for, both are immortal Cosmic Constituents, and on death, the Soul escapes the body, and awaits for a new vehicle through a new parentage.

The body decomposes and merges in the 'Five primary elements' and nothing is lost as per the Law of Conservation of Energy, and we cry Sentimentally in Vain at the death of our dear and near ones.

With free choice of action to Man, the Human Evolution takes two parallel directions, the Individual and the general, and the Creative, Individual with intensity of quest and effort Can go far ahead of others.

The Evolution has completed its inorganic Phase in the minerals, and has achieved its perfection in the Crystals, it has completed its organic phase in plants and animals, and has Culminated in the Mental Phase in Man.

Man has to Evolve further in Mental, Moral, Aesthetic, and Spiritual phases, and Eovlve in to the Supreme State of life, embodied in the depths of his own Being, as Divine heritage.

Nature has equipped Man with all the potentialities, powers and faculties, and has developed a perfect Evolutionary mechanism in the Course of millions of years, for full self expression of the Soul.

We Carry with in us the whole Evolutionary heritage of millions of years of achievements in different directions passed on from generation to generation, Species to Species, through the heriditory mechanism of genes.

In the development of the fertilised cell in the Mother's woomb, the whole Course of millions of years of Evolution is repeated in an accelerated Course of nine months transferring all acchievements.

Man inherits the Biological vehicle of body, as the 'Temple of the Soul', and Man has to evoke his higher powers and faculties dormant within, and hasten his Spiritual Evolution.

'Time' is a flexible raw material in the hands of the Creative Spirit, and nature has thrown in advance, the Vanguards of Human Evolution, the Seers and Saints, yogis and Mystics to guide others.

Men are in different states and Stages in Human Evolution, with different abilities and Capacities, tendencies and temperaments, skills and talents, for different Roles and functions of life.

The inequality is the Law of Nature, the Diversity is the Nature of mind, and variety is the Spice of life, and Diversity is a Natural factor, necessary for the general progress of Man and Society.

Our Intellect is Relative· angular, limited and one sided, and it Cannot perceive the Truth of a Complex Social problem, which has many angles, many aspects and many bearings.

Truth Can be Caught through Contem plation and meditation, Seeking Truth for Truth sake, in all earnestness, that Truth Reveals itself in flashes of Intuition, from the Source of Truth with in·

Our Intellect is the prostitute of our Ego, that bends to any angle to Rationallise and justify its action, sin the name of high theories and principles, super imposing its own favours and prejudices·

The Social relationship is the mirror that reflects our 'petty self', and in our Reactions and Responses to others, we have to be a 'witness' unto ourselves, and with eternal vigilance, watch the operations of the Ego.

We have to Catch the Subtle motivations of the Ego, in 'Split Second', and Catch the Subtle Thief, and expose its Subtlety and Secrecy, Rationallisations and justifications·

With Such repeated exercises in Self-Culture, the Ego soon looses its strength, and ashamed withdraws itself, and Evolves into more elevated forms, prompted by Self-dignity.

The Cosmic Soul perpetuates its Individuality through the Individual Souls, and this Cosmic principle of 'Ego' Can never be annihilated, and it persists to the very end of manifestation, in Subtler forms.

It Can either be Sublimated emotionally, through the path of devotion, to a pet personal Deity, in total surrender, or It Can be elevated Consciously from narrow Selfish outlook, to magnanimous, universal outlook.

'Ego' in the lower rung of the Evolutionary ladder is crude, selfish and proud and in the higher rung, it is Elevated, Subtle and Refined, liberal and magnanimous.

Our real problem is how to elevate our Ego to higher levels, and seek enlightened Self interest, which is in tune with Social harmony, not to escape or avoid it, but Consciously Culture it.

With this back ground of understanding, we have to exmine the play of opposites, and Catch the Benevolent Role in Human Evolution, instead of wrongly posing them as Conflicting opposites.

There are many types of opposites, Some are Contraries, some are Contradictories, Some are Complementaries, Some are qualitative, Some are ethical, and Some are "ideological pairs of opposites".

We are Concerned with Complementary pairs, that Constitute the "Bipolar" nature of life, and engage in "Benevolent Dialectics" in the Cosmic play, and promotes human Evolution.

The two opposite poles are set on the same axis of life, as two sides of the same Coin, as two aspects of the same Reality, as two functions of the same life, and as two wheels of the Same Cart.

The merits and defects, the advantages and disadvantages, the abilities and Capacities and Skills and talents of life are equally distributed, and Compensated between the two poles, and Set for an equal match.

Each pole has many aspects and each aspect has it's own natural role and function, with a due sense of proportion, and a Jurisdiction and a sphere of influence, with scope and a limit set for it.

They are all diverse parts in the Harmonious whole, and set to function as different instruments of an archestra, tuned to the same symphony, and Evolve Harmony in Diversity.

The two poles though of opposite Nature, they are not Conflicting and antogonistic, rather they are mutually Complementary and Compensatory, one Supplements the other, one Contributes to the other, one Covers the defects of the other, one fullfils the other and act as checks and Counter checks on one another, in the interests of the whole, as Father's role and Mother's role in the family, in the larger interests of the children.

The Solution to our Complex Social problems does not lay outside the problem, but is inherent in the problem itself, and it consists in evolving a delicate Balance between the two poles, in effecting a "proper Intergration" between the two, in striking a

"Golden mean" between the two, and in adopting a "Middle path" between the two extremes on the same axis of life.

There is a Right and Natural Ethics for Individual and Family life, for functional and Social life, for national and international life, and we have to grasp the Right Social Ethics and be in tune with it.

The Law of Causation operates not only in the Individual life, but also in the Collective Social life, and we are all partners in the Collective Causation and Morally Responsible for all violation and reap our share.

The violent reactions are due to our own wrong actions, the Seed is in the action itself, in the extremes and excesses Committed in Egotistic arrogance, and we blame the inevitable reaction in vain.

Any strong pull to any extreme, "Right or Left" generates strong reaction from the opposing forces, and effects a change through a Revolution, supported by the vast majority of the uncommitted floating masses at the Centre, which strongly resents any excesses

and extremes, either of the Right or of the Left, and every step in Evolution is fullfiled by Series of such Revolutions, and indicates the trend in the "Time-Spirit".

The "Ideological pendulum" Swings from one end to another, from one age to another, thus oscillating and alternating in the struggle to achieve a delicate Balance between the two opposite poles of life.

Either we effect a proper Integration between the two poles through Right understanding, or the Cosmic Law fullfils itself through violent reactions if necessary and we are yet to draw this important lesson from history.

The Ideological dogmas and party politics are all out dated, and now it is essentially an "Egotistic activity" for power and position, in narrow self interest.

Every good man is essentially Socialist by nature, and many a Socialist with all his labels and doctranaire assertions is not necessarily good and our real problem is not how to draw Men to the theory, but how to evoke "goodness" in Man, in order to

usher in a true Socialist Society, through change in the values of life in the outlook and attitude to life.

We do not need any Static, written Ideology, either of the Right or of the left, but a dynamic discreation of a given problem, in the given Context and Situation, in the given Conditions and Circumstances, through a non-doctranaire, Pragmatic, Reallistic approach, in tune with the Evolutionary need and "Time-Spirit", and rooted in one's own tradition and Culture, but with necessary adoptations, to suit the modern Conditions.

In the light of this understanding, with a clear grasp of the purpose, meaning and Significance of life, with a grip in true values of life, we have to resolve our ideological Conflicts, through smooth Integration of the opposite poles of life, evolve a "Right Social Ethics", and a "Sane Social Order", and with this new outlook and attitude, pave way for "one world" and a "New Humanity" through a "world federation.

"THE FOUNDATION OF GOOD FOOD"

The food we take is an important factor, that affects the emotional content of life, it has not only the quantitative proportion in terms of Carbohydrates, proteins and fats, but also its qualitative nature, "SATVIC", "RAJASIC" or "TAMASIC", that affects the moods of man.

Man can draw Energy directly from the "Five primary Elements", through yogic means, and live on mere water, Air and Sun shine, and hold the body pure and clean as "Temple of the Soul", and hasten his "Spiritual Evolution".

Our vegitarian food is of Secondary stage, and non-vegitarian food is tertiary, with parasitic dipendence on plants and animals, and the pollution of food increases from stage to stage, with impurities and infections, and Man eats this "Forbidden food".

(Kundalini Shakthi-Gayathri Japa)

Man has to Strike a new "Biological

Mutation", and inherit the Conscious capacity to draw Energy directly from the primary Sources, from the Cosmic Reserves, the hidden potential with in, and from the "Surging Spiritual Aura", during Sandya.

Inspite of thousands of years of teachings and preachings, man is a moral pigmy, and with out the "Foundation of good food", cannot hope to Evolve morally and spiritually, for bad food infects man, with its own qualitative Nature.

Man has to live on the Foundation of "Spiritual Food", and be free from Negative emotions, be pure in body, and avoid so much of cut throat competitions and ignoble strifes, the Social struggle for the parasitic food

With disuse of digestive organs. Man becomes light and Subtle, his physical Stature dwindles, and Intellect improves, and body free from impurities, is rid of doctors and medicines, and lives longer with vim and vigour.

With Simple Satvic Food, have body clean and pure, with ten minutes of medi-

tation be lively all day, with deep Rhythmic breathing purify blood, and ensure long life, Fasting once a week, Rejuvenate the body, and observing Silence once a week, invigourate the Mind.

"IN TUNE WITH NATURE"

Man is inextricabally interwoven with the whole Cosmic fabric, with thousands of Cosmic links and inter relations, mutually interacting and influencing one another, and affecting every Context and Situation in human life.

How Can the poor Intellect of Man perceive the Truth of a "Complex Natural problem", but the petty man, with his little Science, tampers Natures Balance and disturbs Natural Roles and Functions with short Sighted Reforms, and invites more and more Complications.

Man lacks the elementary Courtesy to pay gratitude to the Cosmic Banefactors, that Confer Various benifits to Human life, and misses their precious Blessings which tons of Human effort Cannot Substitute, and what a great loss through this ungrateful neglect !

NATURE'S BALANCE

Many Cosmic Deities are in charge of various natural forces in Cosmic administration, who regulate their orderly flow and hold them in Balance, and when we pay our sincere thanks and gratitude, they are pleased and Confer more and more benifits to us.

A Simple kick from Nature, in the form of Earth quakes and hurricanes, pests and pestillences, draughts and floods, costs man thousands of Crores, and untold misery and suffering to the unfortunate milllons, as victims of man's arrogance.

Man has meddled with delicate Balance in the Atom, and takes adventures in the 'Brinkmanship' for a Suicidal Catostrophe, and Man has Created his own "FRANKENSTEIN" and awaits the Cosmic dust bin.

Destiny has thrown a clear choice to Man, with a Moral challenge, "One world or none," Adopt or perish, "Peace and plenty or Suicidal destruction," and Mankind Can hope to survive only when all thinking men and women of the world assert for a "WORLD FEDERATION."

THE PROBLEM OF PROBLEMS

We have to take note of certain funda mental errors cropping up in our Social under-standing, and confronting us as problem of problems, and we have to overcome these barriers arising out of human weaknesses in the normal generality of men.

Many of us do not have enough patience to listen to others in silence, and even if we do it physically, we project our own CONDI-TIONED MIND, with pre-conceptions, with favours and prejudices, and Colour other man's ideas, with our own' Egotistic Super impo-sitions.

Our LANGUAGE BARRIER is the next hurdle, for, our popular Conceptions, like God, Religion, Science, Socialism, Democracy have become vague and 'Complex,' that we attach different cannotations and Significances for the same term and use them, differently in different Contexts.

We are apt to miss what exactly the other man means and often with mistaken identities, unless our Concepts are clarified in

detail in the beginning itself in 'Simple Basci English,' and be clear about our fundamental Concepts.

With our Craze for SPECIALISATION, we miss to have a Comprehensive general understanding of life from different angles, and fail to have a Balanced view of life. and project undue emphasis of our own particular aspect of Specialisation.

Many of us support the same Idea, but from different depths and dimensions, from different levels of understanding, and often a man with the same idea is far below in the EVOLUTIONARY SCALE, while the opponent of the same dimension, is much nearer.

Many of us lack sympathetic understanding of others and fail to place ourselves in their position, fail to grasp the association of motives "The Motive Complex" of both good and bad, Selfish and Altruistic tendencies and pass onesided adverse remarks of others ideas and intentions.

We generally Judge our Rivals with a "Jaundiced mind," exaggerate their defects

and belittle their merits and miss even elementary sense of proposition and Commonsense and betray ourselves in the eyes of the others. Specially while dealing with our profeasional Rivals.

There is a Natural hurdle between, even good and honest men. the relative positions in Evolutionary Scale and we have to recognise and respect this natural diversity and take if for what it is, as necessary for general progress and grasp this "Complex of 'Subject-Object' Relativity."

We have to overcome these barriers in Social understanding with a Conscious note as our 'Problem of Problems' and mark these natural and human weaknesses in the beginning itself and with patience and tolerance try to understand one another correctly.

In the light of this new understanding, we have to examine our Social Conflicts and tensions and Resolve them by effecting a new Integration between the opposite and Ideological poles of life and Evolve Social Peace and Harmony.

Different Schools of thought have sprung up in all branches of Knowledge due to over-emphasis of one aspect of life at the Cost of other aspects and each School pro-claims its part Truths a whole Truth, while all have their role and place as "Integral parts in the Harmonious whole.

We have to ennumerate the 'Ideological pairs of Opposites' that are posed as Conflict-ing while they are Complementary.

THE-IDEOLOGICAL PAIRS OF OPPOSITES ;

Capitalism	Communism
Free Enterprise	State Planning
Individual Freedom	Social Justice
Conservatism	Radicalism
Decentrallisation	Centrallisation
'Right'	'Left'
Creative minority	Vast majority
FundamentalSciences	Applied technology
Art for Art Sake	Art for Social Utility
'Selfish'	'Altruistic'
Masculine Ethics	Feminine Ethics
-Violence	-non-Violence
Democracy	Dictatorship
Evolutionary	Revolutionary
Ancient outlook	Modern attitude

They act as check on one another in the Interests of the whole.

"RELIGIOUS PAIRS OF OPPOSITES" :

Atheist		Theists
Science		Religion
Impersonal		Personal
Rational		Emotional
Head		Heart
Intellect		Intuition
Anatytical		Synthetic

We have to re examine the different Ideological pairs of opposites, analyse their merits and defects, Strengths and weaknesses, and 'evolve a Rational Synthesis,' absorbing their merits and avoiding defects and effect a proper Integration. in the good of the whole Society.

Our Religious approach to Reality is purely an Individual problem, based on different types and temperaments inherent in human nature, and State should not interfere in Rilligious aspects of life, 'Where Individual alone is Soverign and is free to pursue his own path.

We have to Evolve a "Free Secular Society" where Individual is Free to evolve in his

own way Spiritually in tune with his Nature, and State has to remain impartial to different approaches, but not Anti-Religious in the name of Secularism.

The Freedom and free Scope to pursue ends Spiritual aspirations is a fundamental Right of every Individual and State is only a guardian to protect it and not hamper or meddle with it in the name of Social Reforms.

"INDIVIDUAL and SOCIETY" as "SEED and THE SOIL"

"A good Soil is necessary for a good Seed", in order to reap a good Crop, a Sterile seed cannot grow even in a fertile soil, nor can a virile seed grow in a barren soil, and they are mutually interdependent, in order to harvest a good crop.

The Individual and Society Stands in the Same Relation as the Seed and the Soil, a creative Individual needs a Congenial Social environment for full flowering of his personality, in full Self-expression, and only in freedom, he Can Contribute his Best, and enrich and enlighten Society.

"INDIVIDUAL AND SOCIETY"

With out a free scope for the creative Spirit of Man, the Society will soon become barren and dead Culturally, and the peace, progress and prosperity of a nation, very much depends on the good scope for the creative minority, to play its natural and usefull role to the nation.

Much of our Conflicts and tensions, pain and Suffering, is due to "Egotistic activity" in Self Centered outlook on life, with greed for money and comforts, craze for power and position, desire for name and fame, resulting in all round clash of personal, group and national 'Egos'.

A good Education in 'Social Ethics,' with 'Self knowledge' and 'Self Culture', how to Elevate our 'Egos', is the crux of our Social problem, for there is enough in this world, for every one's needs of life, but not for every one's greed, in never ending complexities.

"INDIVIDUAL FREEDOM and SOCIAL JUSTICE"

The Individual freedom and Social Justice

are not Conflicting issues, rather they are mutually Complementary, and reciprocal, both are fundamental urges of Social life, and no one can be ignored in preference to the other.

They have to be integrated and harmonised in the political system, and state has to implement both the fundamental urges of life, with due limits set to its own role and function, as not to encroach upon the true freedom of the Individual, while implementing Social economic Justice.

Every Individual in turn has to willingly submit to Socio-economic Justice, and equality of opportunity, as an essential part of 'Social Ethics', in his own enlightened Self interest, for peace and harmony in Social life.

"THE FAMILY LIFE" "THE MAN and WOMAN RELATIONSHIP"

The Father's role and function and the Mother's role and function in family life, though of opposite poles, they are mutually Complementary and Supplementary, in the larger interests of the Children, and in their Co-operation and Sacrifice rests the good of the family.

Mother's one sided love and lenience to children, with out Father's enforcement of order and discipline, results in pampered children, a ruin of themselves and family, and a liability to Society, and here father's role acts as a benevolent check on children.

Father's strict and harsh enforcement of discipline, with out kind, loving touch of the Mother, make children rebels, and drive them to the streets. Callous, arrogant and frustrated, set to take revenge on Society, as daring and desperate youth.

If we disturb the natural role of "Noble Mother hood", with her Sacrificing spirit, Modesty and Humility, Patience and Tolerance, Endurance and Perseverence, dedicated love and affection, in rearing and nursing children, What happens ?

With out the kind and Loving touch of the Mother, 'Owe to this life', we will soon be sowing seeds for 'Generations of brutes to emerge', and fill up the space on this planet, and this is a grave moral crisis and an urgent Social problem.

By our short sighted reforms in the name of false equality between Man and Woman, we will be betraying posterity for generations to come, by tampering with the natural role and Sublime Content of Motherhood, on which depends the future of Man.

"LIKE POLES REPEL UNLIKE POLES ATTRACT"

If women loose their feminine and natural qualities of modesty, humility and patience, Sublime grace and charm, and become Masculine in outlook and temperament, they soon loose their magnetic attraction to men, the Reverence and Sympathy due to the fair sex.

Witr these narrow reforms in superficial understanding, we are breaking the Sacred Sanctity of Marriage, the peace, Co-operation and harmony of the family life, allowing the two Egos to clash with each other prepetually, in emotional disparity.

"CAPITALISM and COMMUNISM"

We have to effect a Rational integration between Capitalism and Communism, free enterprise and State planning, absorbing their

merits and avoiding their defects, and Evolve 'a New Socialism', suited to our own Conditions

"CONSERVATISM and RADICALISM"

The Conservatism and Radicalism act as checks and Counter checks on one another, in the interests of the whole Society, for the mature, experienced elders with Conservative outlook, with respect to tradition and Culture, with Realistic outlook on life, act as check on Radical youth.

The hasty adventurous youth, generally immature and inexperienced, with ideallistic outlook, daring and dynamic, Radical and Revolutionary, takes the Society forward from the old ruts and routines, inspite of Conservative checks.

"CENTRALLISATION and
DE-CENTRALLISATION"

Both Centrallisation and de-Centrallisation is good in their own way, in particular Conditions and situations, and they have to bel adopted accordingly, and both have their usefull role in the larger interests of the Society.

On one hand, we have to Evolve a Centralised world state, "one world government", "a world Federation", urgently for the safety and security of the whole mankind which is on the precarious brink of a total disaster, through an "Atomic War".

On the other hand, we have to go back to revive small, viable, decentrallised units of autonomous, rural republics, self sufficient and Self-Reliant, with the wise formula of "Simple living and High Thinking", for a peacefull and happy life, for Spiritual Evolution, on the lap of Mother Nature.

We are crowding in big Cities, with huge populations, where Individual is lost as "a non-entity" in the huge crowd, and has little Scope for free Self-expression, for exercise of moral action, and for vindication of Self dignity, with psychological Satisfaction.

"VIOLENCE OR NON-VIOLENCE"

Though non-violence is the normal and general mode of approach, in all our Social and family relationship, Violence too, has its natural role and function, under a set

of speacial Conditions and Contexts, as a last resort and with all good intentions.

When all peaceful means of persuation and diplomacy fail, and when the opposing force is arrogant, obstinate and incorrigable, that violence is used as a last resort, even to our own children, with all good intentions, in Righteous indignation.

Violence is used as unavoidable necessity in Self defence, and in protection of Dharma, and this "Masculine ethics" Should not be mistaken and abused for narrow Selfish ends and when the intention is pure, it is idle to debate over the technique of action.

"FREE ENTERPRISE OR PLANNED SOCIALIST ECONOMY"

That some Sort of planned Socialist economy is an historic necessity, and an Evolutionary urge, and the economic and Social Conditions of the unfortunate millions have to be lifted by all means possible, which is already long over due.

Money as the Criterion of social Status, and as power for exploitation should be

Curbed, and the worship at the fact of the mammon should be discouraged in every way, and man's interests and energies should be switched on to higher planes of Thought Beauty and Spirit, for more enduring and elevating Joys of life, in pursuit of higher values and spiritual aspirations, than cut each other in ignoble strifes for material Comforts.

The Economic, Cultural and Educational uplift of the masses need not be accompanied by the political rule of the masses, which only ends in the rule of a few ambitious politicians in the name of high democratic principles, for their own ends.

"DEMOCRACY AND DICTATORSHIP"

If we carry Democracy too far to its extremes and excesses in placating the Common masses at the Cost of the minority, it results in "Mobocracy", with deep fall of Standards and Values in all walks of life.

Democracy is one extreme and dictatorship is another, and both attract in the name of good to the people. with slogans of "people's Rule", and "Benevolent dictatorship",

but we prefer, "stupid Democracy", only in preference to the greater evil of "naked dictetorship".

Democracy has its own intrinsic defects, Specially. When it is based on adult franchise of illiterate and ignorant masses, who have no political discreation. and which in effect means, "putting the cart before the horse".

People's Representation, people's will. people's Rule is a grand political myth. a Self-deception, where people are hypnotised with empty slogans false promises. in the "make believe", by the political demagogues in their own Self interest.

Premature franchise results in immature government. and the sacred political power is put to public auction. at the market place. that demogogues posing as "demigods" may grab it in the name of high principles. with all sorts of arts and crafts of false public propaganda.

It is easy to rouse the masses by playing on their baser emotions. for narrow parochial Causes. with cheap stunts. but it

is difficult to control them. for. once they are provoked like the "proverbial Roman mob", it ends in violence, loot and arson and indiscriminate destruction of public property.

THE LIMITS AND FUNCTIONS OF THE STATE

The Best government is that which least governs, but the modern states interfere in all aspects of life, and curb the personal freedom and free expression of the individual in the name of Welfare State, and we have Evolved our own "Political Frankenstein", in the form of the modern state.

Like the fence meant to protect the Corn, feeds on the corn itself, the modren states meant to guard the freedom and security of the Individual, encroaches on personal liberties, and hampers Free Self-expression of the Individual at every stage of life.

It is high time. we cry a halt to too much of States interference in all aspects of life, with all kinds of impracticable reforms, projecting its own whims and fancies. disturbing natural way of life. with their own Egotistic Super impositions.

The Modern States are breeding huge Beaurocracy, that disturb the free life of an Individual in all aspects of life, with so much of nuisance and pin pricks, while implementing the impracticable and artificial reforms of the State, as against Natural roles and functions.

We have to limit the Functions and Jurisdictions of the State to only Socio-economic aspects of life common to all, and this limits should be clearly defined in the very political definition of the State, and Its roles and responsibilities, scope and limit clearly set.

"THE TRUE VALUES OF LIFE"

How can materiallistic values, Hedonistic tendencies sensual comforts and luxuries, more and more mechanical gadgets in never ending complexities of life and Commercial outlook go together, with the socialistic pattern of Society ?

How can we have peace and happiness, when our biological needs are only a few, our Psychological wants are many and there

is enough in this world for our needs of life, but not for our greeps in never ending wants.?

How can we Carry on with a fundamental Conflict between Science Religion wrongly posed, when both are equally necessary and important and both have enough number of votaries equally divided ?

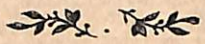
How can we escape Cosmic dust - bin when the world is divided between the two power blocks, antogonistic, with ideological differences and opposing interests, equally matched with nuclear weapons and I.C.B.M.S.?

"A SANE SOCIAL ORDER"

We have to Evolve a true Socialist Society founded on "Spiritual Socialism", with moral and spiritual values, with "Simple living and High thinking", as the wise formula of life, effect a Rational Integration between Science and Religion and Evolue "One Scientific Universal Religion", for the Common acceptance of all and Evolve "One World", "One Humanity" "a World Federation", and ensure safety and security to whole Mankind.

Man creates his own Hell out of Anger, Hatred, Jealousy and Suspicion and Creates his own Heaven out of Love, Affection. Kindness and Sympathy and their effect is Immediate and obvious to every one's experience.

The Hell and Heaven are our own making, and it is for us to sink low and seek Carcasses on earth, or Sour high in to Heavens. Surpass "animal man" and Evolve in to a "Super Man", the distined goal of Human Evolution.



—: SUMMING UP :—

"If Mankind has to survive the nuclear Crisis :-

Bid good bye to political demogogues,
Assert for a world Federation,
Effect disarmament of deadly weapons,
Pool military Savings for increased food production,
Dont tamper with Nature's Balance
Dont disturb Natural functions of Social life,
Dont disturb Natural Roles of Man and Woman,
Dont Ration Children, Joys of Home, Divinities in sport,
With less mannual labour, have less food,
Through Yoga, draw Energy directly from original Source,
Let Simple Living be the wise formula of life,
Enjoy Elevating Joys in Realms of Beauty and siprit.

EXTRACTS FROM REVIEWS AND LETTERS

Your books take people to the mystic heights of Truth. I have enjoyed much while I read and contemplated on them.

– Dr. K. B. Ramakrishna Rao
Professor of Philosophy
Mysore University

Let me tell you in all frankness that I was extremely pleased with the masterly and scholarly way which you have dealt with most of the problems.

– Late M. S. Aney
Ex-Governor of M. P.

I find that your sutra style of expression is very impressive and shows your Intuitive flashes and grasp over a wide range of subjects and themes.

– B. V. Kishen
Professor of Philosophy
Andhra University

You have imbibed the best traditional lore and have a dedicated sense in whatever you write. Your analysis is well arranged and clearly presented, please accept my best wishes and congratulations.

– Late K. C. Varadachary
Sri Venkateswara University

I have read your books with great interest. It is beautifull in all respects and contains gems of thoughts. May you live long and continue your useful and benificial work for the spiritual betterment of Humanity.

– M. K. Spencer

You have given an excellent account of Cosmos, Self, Dharma, Karma, Yagna etc. I congratulate you for the excellent and unusual booklet.

– M. R. Appa Rao
Minister for Social Welfare
Andhra Government

You have described an abstruse subject with remarkable clarity in a few pages. Please accept my sincere congratulations.

– Swami Nikhilananda
(Newyork)

I thank you for sending me your Inspiring books.

– N. A. Palkhivala

It is a marvellous work and you have succesfully clothed the sublime thoughts in ordinary language an achievement to be proud of.

– T. Gopichand

If every one began to feel as you have expressed in your book, there might come a better day.

– C. Rajagopalachari

Spiritual guide to youth :–

The booklets are both short and sweet and our youth will profit by a perusal of these, since they can imbibe the basic truths of our heritage of Religion and Philosophy in an easy and impressive language.

– Dr. K. Krishnamoorthy
(Review in Deccan Herald)
19th June 1977

It is a work of commendable intellectual grasp and subtle in its attempt to comprehend the Supreme Reality.

– National Herald

It has the element of wonder of exhalation, provoked by a Reverential Contemplation of the marvels of the phenomenal world.

– Hindu

It ts an easy leap of the poet from physics to meta-physics, from Humanism to Mysticism, from Time to Eternity, and the lyrics are full of parallelisms and daring Similarities.

– Hindusthan Times

These books though small, make profitable reading and provide rich food for thought.

– Vision

This book though small, is highly enlightening and thought provoking.

– Chetana

Each one of his statement is pregnant with meaning and needs a volume for complete exposition. It throws a flood of Light on the causes of the malaise from which man is suffering to day, in Individual, National and International spheres.

– Theosophical Review

The booklet contains reflections of Sanathana Dharma cosmic pattern, personality of man, etc. Based as they are on reliable traditions and texts, their perusal is bound to prove of great benifit.

– Bhavan's Journal

The soul enchanting songs so beautifully sung awakens us from deep slumber and points to the Realisation of the "Supreme Law",- a peep into the mysteries of creation.

– J. P. Govilla, Journalist

The stream of nectar sprung out by churning the lines of the "Law of Life", make the reader drink and dive deep in it.

– R. N. Suryanarayana
Author, Universal Religion

The book "Divine law" is a gem and have so wonderfully given the secret science in a nutshell.

– K. S. Doraswami Iyer
Spiritual eahling Centre,
Coimbattor.

I am very greatly struck at the poems you have written.

– Sri Prakasha

I am indeed most gratefull to you for such a valuable gift, which is most beautiful and inspiring. You have succeeded in entering in to the high spirit and created an atmosphere surcharged with Divinity. You deserve congratulations on such an excellent achievement.

– G. H. Bhatt, M.A.,
Director, Oriental Institute, Baroda

Its value cannot be measured in these times and which is like mango tree in the forest of Babul trees.

– J. B. Durkal, M.A., DOC

Thank you for your books. They are spontaneous outpourings.

– R. R. Diwakar

I have enjoyed every page and every line of it.

– B. R. Kumar
Principal, Besant Theosophical College

I am instructed to convey to you the sincere thanks of H. E. Dr. Konrad Adenuer, Prime Minister of the Federal Republic of Germany for your interesting and thought provoking booklet "Law of Life", which successfully strives to remind us of the unshakable fact that our fragile individual selves are indisolubly linked up with and sustained by the "Immortal cosmic Atman".

Dr. K. Pfauter
Counsellor for Cultural Affairs

Many thanks for sending me your little book "The Law of Life". I have glanced through it and find much wisdom and refreshment.

– Adlai E. Stevenson

I was very much touched for sending me your beautifull booklets and thank you very much for your kindness.

– Count Kyserling

It was extremely kind of you and thank you very much indeed for sending me three little books. I have glanced them and take them as I am going off on a long trip and read them with interest and pleasure.

– W. Somerset Maugham

There is much food for long thought and that will be good for me for long time to come, and so, I am indebted to you.

– Richard B. Gregg

Your article "Man and his Destiny" is very encouraging and stimulating. May I be permitted to keep it in my files on "International understanding".

– S. Friedman
Dept. of Social Sciences

We are preparing a card index for International "who is who", in social sciences. We request you to fill the form enclosed and provide us your 'Bio-data'.

– UNESCO

I wish to acknowledge your letter to secretary general on world peace. We express our deep appreciation for the keen interest taken by you on problems of world peace

and your communication is being kept at the disposal of the members of the U.N.O.

– UNESCO

Your communication is included in the disarmament commission for circulation amongest its members.

– U.N O.

I read your article with great interest.

– Dr. S. Radhakrishnan

Your articles are Rich in matter and sublime in content.

– Swami Shivananda Saraswati
Rishikesh

Dr. Konrad Adenuer, the chancellor of the Federal Republic of Germany has read your article "A challenge to our reason" with great interest and agrees with you, that there cannot be greater physical disaster than the 'Atomic war'. We should strive by all means in our power to solve our problems by agreement amongst each other.

I have read your book 'Vignana Lahari' with great interest and I am in agreement with much of what you say, specially that the play of Purusha and Prakrithi is not the

conflict of opposites; they are complementary and it is one of the main point in Indian culture

– Prof. N. A. Nikam
Ex. President, Indian Philosophical Congress
and Ex. Vice Chancellor of Mysore University

I am infinitely delighted to receive and read the 'Divine Law' so kindly sent by you, its perusal stirs one's inner Being to its very depths and imprints everlasting impression on the mind.

– D. S. Viswamitra

I hope your ideas will be taken seriously by the younger generations and there will be moral Regeneration and Spiritual orientation.

With kindest regards,

– P. T. Raju
Prof. of Philosophy

Your vehement expressions breath the sincerity, purity and deep understanding of the mystery of life.

– Sadguru Swami Omkar

The call of the spirit is remarkable for its free and fearless Criticism of the present social and political set up.

– Theosophical Review

The study of your books is a spiritual feast which I have enjoyed to the satisfaction of my soul.

– Naraindas Jethanand

You have taken up a great cause: 'The Cause of Dharma'. Throughout the world, all people of Good will wish you full success and I join them.

– Dr. D.V. Gundappa

I Thank you sincerely for your valuable book. 'The Meaning of Life'. It contains the essence of our spiritual teachings, the gospel of Integration, Peace and Harmony.

– K. S. Ramaswami Sastry
Madras

I am very glad to find that you have re-captured the noble thoughts of our sages and expressed them in fine Modern English.

– T. M. P. Mahadevan

The Inspiration behind the words embodied in ycur Yoga series are words of great hope. Let such souls be the unrecognised brother hood to emerge. Let Divine Mother Bless you and your work.

– D. R. Bendre, Dharwar

I am in receipt of your book 'The Divine Law', so kindly sent by you. I have read it with great interest.

– Sir C. P. Ramaswami Iyer

Your exposition of Sanathana Dharma and the Law of Karma are sublime and profound.

– Dr. S. Srikanta Sastry

SPIRITUAL GUIDE TO YOUTH

These booklets are meant to propagate the vital religious and spiritual values in our rich traditional heritage. The author's sermons on Dharma, Karma, Yagna, Sat-Chit-Ananda, Prema, Aham, Satyam, Shivam, Sundaram, Ahimsa, Arogya are contained in it.

His musings on these issues in a succinct and distinctive manner from the text of the other booklets also.

They bring out the limitations of science and technology and show how there is a pre-destined socio-dynamics derivable from the cosmic laws: poetically eulogise the man pursuing the spiritual path, give mathmatical equations, so to say, explaining the cosmic

mystery give homely tips for sane living and to drive the best in MANUSHYA-JANMA.

Meant for the edification of the general public as they are in the a.b.c. of enlightened living, they are couched in a language at once crisp and scintillating.

This aphoristic style is likely to catch the attention of readers and make them return to the ideas again and again.

The booklets are both short and sweet; and our youth will profit by a perusal of these since they can help imbibe the basic truths of our heritage of religion and philosophy in an easy and impressive language.

– (Dr.) K. Krishnamoorthy
Professor of Sanskrit, Karnataka University

Your great work "Cosmos unveiled" has reached my hands recently. I have no words to express adequately since the feeling is so immense and immeasurable.

Your work has been highly respected not only for your great erudition and proficiency in all branches of occult sciences, but also for the langauge in which it is expressed, with its Divine touch.

The lines running through your great work are elucidative, consistent and as clear as possible.

Your thoughts are based on intuition-which is an essence or spirit of the Cosmos. They show the author's able treatment of the topics discussed.

– Ratnakar Govind Bodas
Vedic Scholar, Bombay

Extract from the Review in Bhavan's Journal :

"COSMIC GUIDANCE FOR MAN"

by S.Subramanya Iyer

This small book contains an earnest appeal for world peace by resuscitating our forgotten values.

To propogate this knowledge, the author has suggested the setting up of Veda Vignana Mandirs in all major cities of the world. These centres of learning will help us discern the cosmic laws, vitalise our latent faculties, and evolve Right social ethics. In this connection, the author has explained the rational significance of the basic concepts of our philosophy such as the cycle of life, the incarnation, the supremacy of the Vedas, the authenticity of

the Puranas, Yagna (sacrifice), Dharma (righteous conduct), the law of Karma etc.,

The book reminds us of the words of Arnold Toynbee to the effect that, at this dangerous period in human history, the only way to the salvation of mankind is the principle of Non-violance as demonstrated by Emperor Asoka and Mahatma Gandhi and that of Religious Harmony as demonstrated by Sri Ramakrishna.

— — —

I have received your Famous book "Cosmos unveiled".

Thank you very much for your precious gift

- Jean Remy, Paris

"AN EARNEST APPEAL FOR ONE WORLD GOVERNMENT"

On one fine morning in 1944, the news papers carried in bold head lines, "Atom bombs wiping out twin Cities of Nagasaki and Hiroshima", in a naked demonstration of Collosal nuclear power for mass destruction.

This dramatic news over whelmed my whole Being with an emotional upsurge and

drowned me in deep thinking. It was all the more significant to me, for, seven years earlier on one evening, during our long walks, I had a profound discussion with an intimate and enlightened friend on the pros and Cons of nuclear power, for both construction and destruction, as Scientific Research was then busy tapping this tremendous energy closetted in the tiny atom.

Though this tragic event touched every one's Sympathetic chords, Some felt a new Solace and a Seigh of relief, for, they thought that this mass sacrifice of fellow beings will not be in Vain, rather a Blessing in disguise, for, they felt that there will be no more wars on this planet, as our Statesmen will not be so foolish as to provoke a nuclear war and invite a suicidal destruction to all Mankind.

For some months, every thinker and writer Scientist and Statesmen, worth the name, touched on this vital Subject and pleaded for a new dimension in Man's outlook and attitude, Compelled by the necessity of dramatic advent of nuclear power in human affairs.

But, alas, soon after some months, all seriousness faded away, the intelligentia be-

came apathetic and the political demogogues had their own Sway once again. The major powers Contented for their respective ideologics and indulged in mutual fear, suspicion and hatred, thus increasing the tempo of the Conflict.

The ideological projections Rationalising and justifying their own stands, were just a cover and Camoflage, to hide their Egotistic ambitions of personal and national Ego's for Supremacy and Self-importance.

Inspite of repeated warnings by Eienstein, H.G. Wells and other Savants of Humanity, pleading in terms of "One world or none", "Adopt or perish", went in to deaf ears and preparations for a nuclear war with still more deadlier weapons of mass destruction, went on unabated, with all vigour and intensity.

Thus all our hopes were belied and our voices for Peace were mere cries in the wilderness. The Human beings have become utterly, dull and stupid, Callous and indifferent, surrendering meakly to the whims and Vagaries of Fate.

Is there a way out from this grave crisis

in Human history ? Should we be carried away by the glamour of political demogogy and enamoured by their empty Slogans and false promises and allow these few men to undo in a fit of frenzy, what creative thinkers, Scientists and Savants have built up through dedicated search and toil for over thousands of years ?

Who are these politicians so ill equipped, to decide over the fate of all Mankind, while some of them are prone to Venture in Brink-manship.

The most urgent task before all thinkIng men and women of the world today, is to assert for world peace and ensure Human Survival by coming out from this cauldrum of Nuclear crisis.

It is naive and childish to think in terms of limited nuclear war or agreements in deploy-ment of this or that type of guided missiles with nuclear heads against each other, for it will soon be broken even before the ink is dry, when surging emotions are let loose for a final showdown.

No artificial patch ups can help when

pent up emotions of mutual fear, suspicion and hatred continue to react in vicious circle. We have seen how foreign ministers summit met many times and dispersed even with out agreeing on the agenda. How to rely on these Summits for peace posed in all respectability ? Joint Statements of Peace, issued when heads of States meet have become grand empty Rituals for the consumption of the innocent masses.

Now, we should reallise that Soverign national governments are outdated "ANACHRONISMS" in the present nuclear context. We should not allow political demogogues to gamble with the Destinies of Humanity justifying their stand in the name of high theories and Principles.

Peopie all over the world should come together, cutting across all narrow barriers of race and Religion, creed and colour, nationality and ideology to live as "ONE HUMAN FAMILY" governed by "ONE WORLD GOVERNMENT", and thus Save our Civilisation and Culture from Suicidal Catastrophe.

Lead by elite, they should organise themselves in to "FREE THINKERS FORUMS" and

demand for a world Constituent assembly through people's refrendums to Constitute "A SOVERIGN WORLD FEDERATION", with 5 or 6 Sub-Federations, each under the Jurisdiction of a Major power, without clashing with each other.

While Rajasic men can still be opted as Executives, the guidance should come from wise Satvic men, who remain obscure from the lime light of the public.

A world wide propaganda, agitation and demonstrations has to be effectively carried-out to Stir the Social consciousness of the people to assert for a World Federation, with full Cultural autonomy to nations.

As first practical step, Nations should surrender their national Soverignity together with defence, foreign policy and communications.

As soon as nations come out with unilatural declarations opting for a World Federation, the Security Council of the U. N. O. should gaurentee with a protective Umbrella.

Major powers should lead Sub-Federations with its own jurisidiction and with moral responsibility help the under developed countries.

Till the world constituent assembly is formed, the present U·N·O. should act as the required world authority.

Parliaments should send their elected representatives directly for U·N·O. Humanitari and to act freely with, freedom of conscience.

Buffer peace zones between nations should be formed and administered by Federal peace forces.

Gradual demilitarisation should be done in the course of 10 years, reserving only 25% of the military establishments for maintaining internal Law and Order.

The military expenditure thus saved, should be utilised for national reconstruction.

Many other appropriate steps should be taken to ensure world peace, and a new World Social Order.

"The Creative Spirit of Man"

With the advent of Aireal liners, racing with super sonic speed, carrying thousands of persons across the continents in hours, the Physical dimension of the world has shrunk.

Through the improved network of Tele-vision, relayed from Satellites, suspended in space, Man Can cover all events in the world in Split second, on his own table.

With Cosmonauts Contacting other Planets and Scaling incredible distances in outer space, has established relations with Celestial Counterparts in Cosmic Evolution.

With the aid of photo offset printing and microfilming, the human knowledge of all times and climes are gathered at one place and mastered, enabling free exchange of different cultures.

The galloping advances in Science and technology in the Realms of Electronics and ultrasonics, genetics and micro-biology, Astro-nomy and Cosmology, has staggered human imagination with Reverential awe at the marvels of Nature.

With all such advances, this whole world soon assumes a new Status of a " COSMO-POLITAN CITY IN THE CELESTIAL EMPIRE". The Finite man is endowed with Infinite Potentialities of powers and faculties embeded with in, to grip the Supreme State of Life.

The Creative Spirit of Man does not brook the tyranny of ignorance and is out to grip the Transcendental energy and manipulate the primary elements to create one's own Heaven in space. Life is a flexible Raw material, and Time is a Relative factor, in the hands of the Creative Spirit.

The Human Spirit Proclaims with the authority of the direct experience " I and the Supreme are One" and I Carry the heritage of Potential Divinity with in me.

When such is the glory of the Spirit of Man, why set your eyes on the Caracasses on earth, instead of Soaring high in to Heavens, where Gods and Angels await to Honour Thee?

When such is the grand vista before Man, what an ignoble fall in the outlook and values of Life, that men go after petty and mean ways of Life, tempted by glittering glamours

of materiallistic Civilisation and its transcient pleasures.

Men indulge in cut-throat Competitions and ignoble strifes over the garbages of life, having lost all moorings in the nobler and non-competitive realms of Thought, Beauty and Spirit, for enduring and elevating Joys of Life.

Men have opted for Stupid demacrocy that culminates in mobocracy, worship political demogogues as Demi-gods, ignore Creative minority, preferring quantity over quality, and give reigns to majority, only to pulldown the whole Society to stinking gutters.

Men have set "CART BEFORE THE HORSE", and relish all values topsy-turvy, and instead of elite guiding masses to elevating heights, the politicians usurp power in the name of people and create all havoc and perpetuate this political myth of people's representation.

The Rajasic man in his intellectual arrogance has tampered the Nature's Balance at every step, and is on the verge of a total extinction, and his Complex urban industrial Civilisation is sinking under the weight of its own Sins.

Will man's abode soon be an atomic dustbin, that ants survive to crawl on his skull to scribe the epitaph of man, who proudly proclaims as an intellectual genius ?

Does the bell toll for the zero hour proclaiming that man's dooms day is quite near at hand ? will man awake from the opiated torpor and act with mighty courage and confidence in this final bid for "HUMAN SURVIVAL" and cut a curve and take a turn to avert this great disaster before it is too late ?

Man gets what he deserves and the Fate pities him not. On the ashes of this civilisation, a new one will be born and so the choice is clear, "ONE WORLD OR NONE" - "ADOPT OR PERISH".

What a Pathetic irony, the genius has created his own Frankeinstein in the form of nuclear weapons, political Frankeinstein in the form of Stupid democracy and Social Frankeinstein in the form of a complex, urban, industrial Society and is Caught in his own web.

While "SUPERMAN" is the ordained goal of Human Destiny, men have sunk lower than animals and Cast in conflicts, chaos and confusion, crawl in the darkness of ignorance.

Man is a bridge between the animal and the Divine. The Evolution has completed its Physical phase in the inorganic, Vital phase In plants and animals and has culminated in the mental phase in Man. Man has to work out moral, aesthetic and Spiritual phases and reach the Destined goal of "MAN DIVINE" - the State of "SAT-CHIT-ANAND".

Man has physical needs, Vital urges, mental longings, moral promptings, aesthetic charms and Spiritual aspirations. He has to respond to these life urges with due sense of proportion, always Spiritual goal in View and evolve a Balanced and Integrated personality.

The Human Evolution runs on two parallel lines, the Individual and the general. The general Evolution is a slow and steady process based on the collective experience of life. But the creative Individual can go far ahead of others by intensity of quest and effort of his Creative Spirit, and Such men are the Vanguards of Human Evolution, that guide and direct the general.

Man's consciousness is gross "I" in the lower rung of life, identifying with the body and its physical and vital urges. It is Subtle

'EGO' in the next rung of life, identifying with the mind and its Rajasic desires for power, position and Self-importance. It is true Self in the Spiritual Plane, identifying with the Soul and its Spiritual aspirations of Life.

In the higher plane of the Spirit, it is magnanimous and Universal in outlook, identifies with the Cosmic Causes, and is ready to Sacrifice in the Spirit of Yagna.

All great achievements of Life is the outcome of the Creative Spirit of Man, in dedicated effort for nobler causes, In the enlightened interest of the whole Community.

It Can never be mean and selfish, for at the apex of life, power, wisdom and Love merge to work out Universal causes and promotes Cosmic Evolution, being truely Sportive, liberal and heroic.

But now is it not true that the "Human mind is at the end of its "Tether" and man is drifting on the Stormy Sea of Samsara, tossed hither and thither without an, anchorage to hold on, without a Compass to guide, having lost true values of Life.

Is it not true that man has lost all sensitivity and does not dive deep in to Sublime depths of Joy or pathos and responds to the monotonous, mechanical, rigid routines of life like a nut or a screw in the Socio-economic machine.

Is it not true that our days are numbered our strength is dwindling, our Vision is failing and our Spirit is disheartened, and so what else is left but a meak surrender to the will of Fate.

Is it true "That more things are wrought by Prayer than this world dreams of ?" Is it true that Faith Transcends Reason and Faith moves mountains ? Then Faith and Prayer is the only hope left for Peace.

Then Pray, Pray, Pray, Pray again and again with the whole Being, till Cosmic Intelligence with its Transcendental power takes Charge of Human affairs and guides in the Right direction as promised in Scriptures.

Veda Vignana Mandir

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Aims and Objectives :

To discern Cosmic Laws and Super Sciences Operating in the Universe.

To evoke higher powers and faculties potential in Man, through the disciplines of yoga.

To evolve Peace and Harmony, between Man and Man, Man and Society, Man and State, through "Right Social Ethics".

To adopt the wise formula of "Simple Living and High Thinking" and enjoy in nobler Realms of Thought, Beauty and Spirit.

To Strive for world peace and ensure Human Survival, through a "world government" - a "world Federation".

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THE IDEAL STATE OF LIFE

"SADGURU"

Brahmanandam Paramasukadam Kevalam Gnana
Moorthym
Dwandwatheetham Gagana Sadrusham Tatwamasyadi
Laksham
Aekam Nityam Vimalamachalam Sarvadhee Sakshibutham
Bhavatheetham Thriguna Rahitham Sadgurum twam
Namami

"Om, Asathom Sadgamaya
Thamasoma Jyothirgamaya,
Mruthyoma Amruthangamaya".

"SHANTHI MANTRA"

Om Sarvethra Sukanassanthu
Sarve Santhu Niramaya
Sarve Bhadrani Pashyanthu
Ma kaschi dukha mapnayat

Om Sarvesham Swasti Bhavathu
Om Sarvesham Shanthi Bhavathu
Om Sarvesham Purnam Bhavathu
Om Shanthi - Om Shanthi - Om Shanthi.